

Early Childhood Intervention

Help Starts Here

Early Intervention staff are child development specialists who also have individual expertise in a specialized field such as education, nursing, social work, physical therapy, occupational therapy, speech therapy, nutritional services, and counseling. They will help your family look at your daily life and find activities, times, and strategies to help your child learn new skills. There may be times when you and your interventionist consult with other professionals.

Our time together with you and your child may look like we are playing. That is because babies and toddlers learn new skills when they are happily playing or busily involved in everyday activities like eating, bathing, or diapering.

We will make suggestions of things you can do throughout the week. We will try to answer your questions. We will help you find answers that you need from other professionals. We will routinely discuss your child's progress and need for any other services.

For more information on these concepts, visit the following websites:

www.zerotothree.org

www.vanderbiltchilddevelopment.us

<http://tactics.fsu.edu>

www.poweroftheordinary.org

www.everydaylearning.info

This is why ECI works. You make the difference by making a commitment to providing your child opportunities to practice during the times you spend together.

| Johnny | | | Dylan | |
|-------------|---|---------|---|---|
| Day | Traditional Speech Therapy | Minutes | Family guided Speech and Language Practice throughout the Routines of the Day | Minutes |
| Mon | | | *Names clothes while getting dressed, and names breakfast foods with Mom and Big Sister. *Labels stores, animals & cars/trucks, and sings songs with Mom during drive to daycare. *Talks to classmates, reads books with teacher, & imitates big kids on playground at daycare. *After school, plays cards with Big Brother and helps Mom cook dinner as she labels foods. *Goes for walk outside & copies Dad's sound effects, learns names of body parts in bath. | 20 min. 25 min. 90 min. 45 min. 45 min. |
| Tues | Names picture cards and reads books with speech pathologist | 60 Mins | *Names body parts while getting dressed and makes choices for breakfast with Mom. *Plays game of finding all the STOP signs and saying "stop" on drive to daycare with Mom. *Labels the items needed to bake cookies with his class and reads books at daycare. *Looks at books, plays outside after school with siblings and names toys, animals, and plants. *Wrestles with Dad, telling him whether to grab his foot or hand, asks for dinner foods. *Labels bath toys, plays "What's Missing?" with the bath toys with Big Brother. | 20 min. 25 min. 90 min. 50 min. 35 min. 25 min. |
| Wed | | | *Tells Mom what shirt he wants to wear when given choice of "car", "dog", or "Barney" shirt. *Labels what each family member has for breakfast, copying new words for new foods. *Looks through toy binoculars on drive to daycare while listening to Mom say what looks big. *Cuts out magazine pictures with classmates & teacher, names and sorts pictures. *Helps Mom cook dinner, stirring and pouring, while Mom labels his actions and the items. *Helps Mom read a familiar bedtime story by filling in the words she purposely leaves out. | 5 min. 20 min. 25 min. 45 min. 50 min. 20 min. |
| Thurs | Names picture cards and reads books with speech pathologist | 60 Mins | *Helps Mom put butter & jelly on toast, asks family members their choice of "butter or jelly?". *Picks his shoes by naming "Barney shoes", washes his hands while counting his fingers. *Sings familiar song with Mom on the drive to daycare, filling in words purposely left out. *Participates in a puppet show at daycare, talking for his favorite character "Big Bird". *Dress-up at daycare, pretending to be a cowboy who says "Howdy Partner" & "Yeehaw". *Going to grocery store with Mom & listening to her label all the items as they go in the cart. *Listening to Big Brother tell a bedtime story that incorporates his favorite toys & activities. | 20 min. 10 min. 25 min. 50 min. 35 min. 55 min. 35 min. |
| Fri | | | *Names his clothes while getting dressed and asks for favorite breakfast foods. *Copies Mom's sound effects for what they see on the drive to daycare - cows, train, dogs, etc. *Fingerpaints at daycare while teacher talks about colors/shapes, reads books with teacher. *Attends Big Sister's soccer game and yells for her team, interacts with Sister's friends. *Chooses what he wants for dinner at McDonalds, interacts on playground with other kids. *Labels body parts while taking a bath, plays with squirt toy telling Brother "Look out". | 20 min. 25 min. 90 min. 120 min. 60 min. 20 min. |
| Total Time: | | 2 Hours | | 20 hours |

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Mary

Katie

| Day | Traditional Motor Therapy | Minutes | Family guided Motor Therapy Practice throughout the Routines of the Day | Minutes |
|-------------|---|---------|--|--|
| Mon | | | *Stretched by Mom on changing table while changing diaper and getting dressed. *Feeds herself cheerios in highchair and practices scooping sticky oatmeal with spoon. *Paints with no-mess Crayola Magic fingerpaints, points to cars during drive to daycare. *Plays with small blocks/toys at daycare with classmates, lifts flaps in picture books. *After school, has crawl races with Big Brother; helps Mom tear lettuce and stir pudding. | 15 min. 20 min. 25 min. 90 min. 50 min. |
| Tues | 30 min. with PT stretching and coordination & strengthening on therapy balls; 30 min. with OT doing eye-hand activities & feeding | 60 Mins | *Stretched by Mom on changing table while changing diaper and getting dressed . *Feeds herself fruit snacks in highchair and practices drinking from a cup without a lid. *Colors with no-mess Crayola Magic markers during drive to daycare. *Takes items to bake cookies out of grocery sack at daycare and helps pour ingredients. *After school, plays "dress-up" with Big Sister and "catch" with Big Brother. *Wrestles with Dad, and plays "chase" with him while cruising on the couch. *Goes for a walk outside with Mom and Dad holding her hands; plays in sand box. *Stretched by Mom at bath time, grasping toys out of the water before Big Sister gets them. | 20 min. 15 min. 25 min. 50 min. 45 min. 35 min. 45 min. 25 min. |
| Wed | | | *Stretched by Mom on changing table while changing diaper and getting dressed. *Feeds herself raisins in highchair and practices scooping cream of wheat with spoon. *Turns the pages of books and points to the pictures during the drive to daycare. *Tears out magazine pictures with classmates and teacher; sticks them down with glue. *Helps Mom cook dinner, stirring and pouring; cruises along couch while Mom folds clothes. *Plays "Monkey in the Middle" crawling on the bed with Mom and Dad. | 15 min. 20 min. 25 min. 45 min. 50 min. 35 min. |
| Thurs | 30 min. with PT stretching and coordination & strengthening on therapy balls; 30 min. with OT doing eye-hand activities & feeding | 60 Mins | *Stretched by Mom on changing table while changing diaper and getting dressed. *Helps Mom put peanut butter on toast; feeds herself and practices drinking from open cup. *Helps put on her shoes and washes her hands after squirting the soap herself. *Plays with finger puppets, making them dance to the music on the drive to daycare. *Plays on the playground with classmates at daycare, scooping sand and cruising along fence. *Playing in ball pit at daycare, teacher helps her stand "alone" with just the support of the balls. *Out to McDonald's, feeding herself, playing on playground, crawling through tunnels w/siblings. *Stretched by Mom at bath time; turns the pages as Big Brother reads a bedtime story. | 20 min. 15 min. 10 min. 25 min. 45 min. 25 min. 70 min. 20 min. |
| Fri | | | *Stretched by Mom on changing table while changing diaper and getting dressed. *Feeds herself pieces of pineapple in highchair, practices scooping applesauce with spoon. *Does fingerplays to music like "Itsy-Bitsy Spider" on the drive to daycare. *Cruises along shelf and picks out books at daycare for the teacher to read to the class. *Attends Big Sister's soccer game; walks on grass barefoot with hands held by Sister's friends. *Sits and rolls on tummy and back on Mom's exercise ball with Dad, Grandmother, & Big Sister. *Stretched by Mom at bath time, squeezing hard-to-squeeze squirt toys at Big Brother & Sister. | 15 min. 15 min. 25 min. 60 min. 95 min. 55 min. 25 min. |
| Total Time: | | 2 Hours | | 20 hours |



TEXAS
Health and Human
Services

Early Childhood
Intervention

ECI CHILDTEAM

254-773-6787

254-699-2090

www.childteam.org

The mission of early childhood intervention is to enhance each family's ability to help their child learn and grow. We work with you, and anyone else important to your child and family, offering tips, techniques, and strategies that can be used throughout the day. Infants and toddlers learn best when they are given some time to practice a new skill several different times throughout each day.

Serving
Bell, Coryell, Hamilton, Lampasas, and Milam Counties